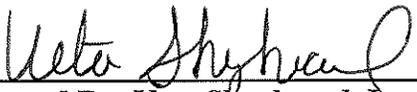


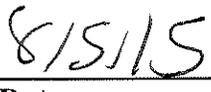
SCRJDF WELLNESS POLICY

The Shelby County Regional Juvenile Detention Facility will promote wellness of the juveniles detained in our facility by doing the following:

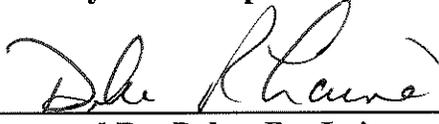
1. The food service staff will prepare and serve meals that meet the required daily dietary requirements. The juveniles will receive 3 meals and 1 snack in the evening seven days a week.
2. All juveniles will participate in Physical Education/Recreation for a minimum of 1 hour a day seven days a week. This includes running and exercising.
3. All juveniles are seen by the facility nurse for an Intake Health Appraisal. A juvenile may be placed on the sick call list as needed.
4. If a juvenile is on a Special Diet (i.e. medical, religious) the diet will meet Dietary Guidelines.
5. The SCRJDF is a Shelby County School site and the juveniles will attend school Monday – Friday 7:55 a.m. until 3:10 p.m. The SCRJDF Educational Program will follow the Shelby County School System calendar. The science teacher for SCRJDF will provide nutrition education for the juveniles by incorporating the topic into science class.
6. Due to the length of stay varying for the juveniles from 1 day to 90 or more consecutive days it will be impossible to measure the success of this policy. However, a committee of Food Service Personnel, Management, Educational Staff and Detention Officers will meet twice a year to review and evaluate the Wellness Policy as well as measure the impact it has had on the juveniles while at SCRJDF.



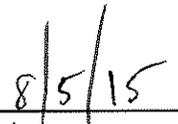
Issued By: Veta Shephard, Lead Cook



Date



Approved By: Debra RouLaine
Detention Manager



Date

**This was revised due to change in school schedule.*